

More Information:



Event Series: Let's Care!

Menopause at Work: Supporting Mental Health, Well-being and Performance

October 14, 2026, 12:30 p.m. – 1:30 p.m.

Room 033, Schanzenstrasse 4, 3012 Bern

The "Let's Care" event series explores mental health from various perspectives. Different viewpoints and formats are designed to foster a forward-looking approach to determining what we can do to improve well-being for everyone.

Professor Petra Stute is an internationally recognized expert in gynecological endocrinology and menopause medicine and serves as Deputy Head Physician at Inselspital Bern. As president of the European Menopause and Andropause Society (EMAS) and founder and president of Meno-Queens, she combines scientific excellence, clinical expertise, and public advocacy to advance women's health and transform how menopause is understood and addressed.

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